

Sand Lake Lions Roar

December 2023



A letter from the Principal

Dear Sand Lake Families,

As the second quarter of school comes to an end, this is a great time to remind your child about finishing the quarter on a strong note. Staying focused in class, completing assignments, and being prepared for each day will ensure your child will be successful for the remainder of the quarter. The last day of school for students is December 21st, and students will return to school on January 8th, 2024.

Teachers will be working on second quarter report cards on December 22nd, so there will not be school that day. Report cards will be sent home during the week of January 8th. As we plan for upcoming events, please make sure to mark February 21st and 22nd on your calendar as these are the dates for Parent Teacher Conferences. More information will be coming about times for individual conferences.

Starting on December 4th and ending on December 14th teachers will be screening all of our students in math and reading, so attendance during this time is critical. The data collected will help us develop the best education possible for each student at Sand Lake.

I hope everyone enjoys the upcoming holiday break, and we are all looking forward to a great new year!

Finally, if you ever have any questions, comments, or concerns please feel free to contact us at (907) 243-2161 or Sandlakeattendance@asdk12.org.

Sincerely,

Linson Thompson
Principal, Sand Lake Elementary

UPCOMING EVENTS

- **Dec 1** Sand Lake Basketball Game @ Chinook
- **Dec 1** The Giving Tree - holiday gifts gathering event begins
- **Dec 3** Sand Lake Library Fund Raiser Event
- **Dec 7** PTSA Meeting
- **Dec 7** PTSA Movie Night: "The Grinch"
- **Dec 8** Sand Lake Basketball Game @ Sand Lake
- **Dec 8** Food Drive Ends
- **Dec 13** Winter Orff Concert
- **Dec 15** The Giving Tree - holiday gifts gathering event ends
- **Dec 15** Sand Lake Basketball Game @ Willow Crest
- **Dec 19** Sand Lake Basketball Game @ Sand Lake
- **Dec 20** Band & Orchestra Winter Concert
- **Dec 22** Winter Break Begins (No School until Jan 8)



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Sand Lake Library Fund Raiser Event Dec 3rd:

Hey Sand Lake Lions,

Please come help us have a great school event this Sunday, Dec 3rd at Barnes and Noble from 10am-3:30p.



Join us at Barnes and Noble Bookstore

Sun

Dec

3rd

10am - 3:30pm

Help us raise money for our Sand Lake Elementary Library!

Just mention Sand Lake Elementary at check out and a portion of your purchase will be donated to the Sand Lake Library.

PTSA will be wrapping gifts for donations so bring anything you would like wrapped!



Join us for our PTSA general meeting!

PTSA MEETING

THURSDAY DEC 7TH 4:00PM

Sand Lake Library

EVERYONE IS WELCOME!
KALADI GIFT CARD DOOR PRIZE

Childcare Provided





Sand Lake Elementary Food Drive Ends December 8th

As we head into the season where we are all being thankful for what we have, it is again time for the Sand Lake Food Drive. It will run from November 6 - December 8. It is a great opportunity for our students to make a big impact in our community by bringing shelf-stable foods for those that do not have enough. See flyer. Drawings will be held weekly for those that participate.

Sand Lake Elementary

IS SPONSORING A

FOOD DRIVE

TO BE HELD ON:

November 6th- December 8th



HEALTHY ITEMS:

- Fruit Cups
- Canned Goods
- Cereal
- Peanut Butter
- Beans
- Milks
- Soups
- Grains/Pasta
- Dried Fruit/Meat

Scan here to discover additional items to donate:



DROP OFF
LOCATION

Your child's classroom

FOOD BANK
of ALASKA



Orff Winter Concert:

Wednesday, December 13th,

6:30pm-7pm

Sand Lake MPR

(Free Admission)



Band and Orchestra Winter Concert

December 20th (1:30-2pm)
Sand Lake Elementary



The Giving TREE



THE GIVING TREE IS HERE!
WE ARE HERE TO HELP SEVERAL SAND LAKE FAMILIES
WHO NEED A LITTLE EXTRA HELP DURING THE HOLIDAY
SEASON.

HOW IT WORKS:
WE HAVE PLACED THE GIVING TREE IN THE OFFICE.
COME VISIT IT AND GRAB A TAG THAT INCLUDES THE
AGE RANGES FOR THE REQUESTED HOLIDAY GIFTS. IF
YOUR FAMILY HAS A LITTLE EXTRA TO SHARE
THIS YEAR, YOUR SUPPORT WOULD BE APPRECIATED!

PLEASE TURN IN THE GIFTS UNWRAPPED TO THE FRONT
OFFICE STAFF, WITH THE TAG, BY FRIDAY, DECEMBER
15TH. WE WILL GET IT WRAPPED SO EVERYTHING IS
READY FOR THE FAMILIES TO PICK UP FOR CHRISTMAS.

THANK YOU FOR YOUR GENEROSITY!
CONTACT SHANNON SPALDING WITH ANY QUESTIONS
AT SANDLAKEPTSA.VPEVENTS@GMAIL.COM





PTSA[®]

MAKING A DIFFERENCE
ONE MEMBER AT A TIME!

Sand Lake Elementary School

PTSA NEWSLETTER

DECEMBER 2023

A NOTE FROM PTSA

Dear Families,

What a month November was! With all the snow days, PTSA had lots of schedule changes come our way. We have had to change our movie night and PTSA meeting multiple times and Charleston Wrap delivery was delayed. We want to thank everyone for your patience and flexibility. We hope to see you all at our upcoming meeting and movie night!

BARNES AND NOBLE

Please join us Sunday December 3rd between 10:00 and 3:30 at Barnes and Noble to raise money for our Sand Lake Library! Mention Sand Lake at check out and a portion of your purchase will be donated to our Library. PTSA will also be wrapping gifts for donations.

UPCOMING EVENTS

- Dec 3 Barnes and Noble Fundraiser 10-3:30
- Dec 7 PTSA Meeting 4pm, Library
- Dec 7 Grinch (2018) Movie Night 6pm, Gym

CONTACT US

President- Lindsey Edwards
sandlakeptsa.president@gmail.com
Vice President- Blair Robinson
sandlakeptsa.vicepresident@gmail.com
Secretary- Brittany Ford
sandlakeptsa.secretary@gmail.com
Treasurer- James Riches
sandlakeptsa.treasurer@gmail.com
Vice President of Fundraising- Risha Toci
sandlakeptsa.vpfundraising@gmail.com
Vice President of Events- Shannon Spalding
sandlakeptsa.vpevents@gmail.com

REMINDERS

- Food donations can still be dropped off in bins outside classrooms.
- The giving tree will be set up in the front entrance.
- We are still in need of help at the gift wrapping table at Barnes and Noble. Please contact us to sign up.

News from the Nurse

Email: sandlakenurse@asdk12.org

Website: <https://www.asdk12.org/domain/4528>

Phone: [907-742-9261](tel:907-742-9261)



When to Keep Your Child Home from School:

Fever – A fever is a warning that the body is fighting an infection that could easily spread to others. A child with a temperature of 100.4 F or higher should not be sent to school; your child should stay home until they are fever free without the use of fever-reducing medications like Tylenol or Ibuprofen.

Colds – Colds are more difficult to assess. A slightly runny nose and occasional dry cough is not enough to keep your child home. However, if your child's nose runs constantly and/or the cough is frequent and wet, or your child is experiencing nausea or is too tired and uncomfortable to function at school it would be best to keep the child home for a day or two.

Cough – If your child has a severe cough, rapid and/or difficulty breathing, wheezing, or the cough is accompanied by a sore throat or not feeling well, the child should stay home from school.

Diarrhea – Diarrhea is defined as an unusual amount of very liquid stools compared to the child's normal pattern. Children should stay home until able to participate normally at school.

Ears – If your child has pain, swelling, drainage or difficulty hearing, please see your healthcare provider. Untreated ear infections can cause temporary or permanent hearing loss.

Eyes – If your child has red, itchy eyes with a clear, yellow or green drainage from the eye, it may be contagious and a sign of bacterial conjunctivitis (pinkeye). A child with pinkeye can attend school as long as they are able to keep from touching their eyes and show that they can properly wash hands after contact with the infected eye.

Rash – A rash might be the first sign of an illness. If your child has a rash with a fever and behavioral changes, or a rash that is oozing/open wound, or is tender with the rash worsening, your child should be evaluated by a healthcare provider.

Sore Throat – If your child has a sore throat, have the child gargle with warm salt water. If child behavior is normal and the child ate breakfast, it's probably safe to send your child to school. If your child has difficulty swallowing, or you notice saliva building up in your child's mouth because your child can't swallow, please keep your child home. If you notice white spots in the back of the throat please contact your doctor as this could be a sign of an infection.

Vomiting / Nausea – Please keep your child home if your child has vomited more than 2 times within 24 hours of school, and/or also has a fever, and/or if they look or act ill.

- If your child requires medication to treat any of their symptoms, please complete the appropriate medication forms found at <https://www.asdk12.org/page/7810>
- Please do not send cough drops to school without touching base with the nurse. These are treated as a medication by ASD and must be stored in the nursing office. If your child needs cough drops, they may be too sick for school.
- COVID information/policy can be found here
<https://health.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>

ASD does not plan to offer any form of COVID testing in the schools for the 22/23 school year and **testing is not a requirement** at this time. If you or your child are ill and choose to test for COVID and are positive, you will need to follow current CDC guidelines for isolation and masking. You can find those guidelines on the CDC website and summarized below:

- If you have a positive test, isolate for 5 days (day zero is day of symptoms or swab followed by 1-5 at home)
- You may return to school/work with symptoms resolving on day 6. You will need to wear a mask from day 6-10.

If families have additional questions about keeping your child home, please feel free to contact your child's school nurse.

Nurse Laura

Sand Lake Elementary School Nurse

sandlakenurse@asdk12.org

aimonetti_laura@asdk12.org

phone: 907-742-9261

fax: 907-243-6025

2023-2024 School Meal Prices

Beverage prices are the same for both students and adults. Adult meal prices are higher since adult meals are not federally subsidized. Milk may be purchased at the a la carte price of \$1.00 for regular and \$1.50 for lactose-free milk.

Apply for Free and Reduced-Priced Meals

For questions, please contact student nutrition: snadmin@asdk12.org or (907)348-5145



Sand Lake Elementary / Sand Lake Elementary School Homepage

Sand Lake has a vibrant neighborhood program and is home to the Japanese Immersion Program.

asdk12.org



TOMO NO KAI



In the sunshine.



in the sea.

WELLS FARGO

in the wild air.

- Ralph Waldo Emerson



Sand Lake Elementary

Sand is using Smore to create beautiful newsletters